<table>
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<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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| **Nazareth Living Center**  
2 Nazareth Lane  
St. Louis, MO 63129 | | | | | | |
| 10:30 Mass (Chapel) | 10:15 Exercise Group  
11:00 Mass (Chapel)  
6:00 Nail Care | 9:15 Reconciliation (Chapel)  
10:15 Exercise w/ Elise  
11:00 Mass (Chapel)  
2:00 Banana Splits  
(1st Floor DR) | **ASH WEDNESDAY**  
10:30 Mass (Chapel)  
2:00 Music with Mark Raborn  
(1st Floor DR) | 10:00 Chair Tai Chi  
(2nd Floor AR)  
11:00 Mass (Chapel)  
6:00 Bingo (1st Floor AR) | 10:15 Exercise to Music  
11:00 Mass (Chapel)  
6:00 Movie & Popcorn | 10:00 Chair Tai Chi  
11:00 Mass (Chapel)  
2:00 Good News Quartet  
(Chapel) |
| **ST. PATRICK’S DAY**  
10:30 Mass (Chapel) | | 9:15 Reconciliation (Chapel)  
10:15 Exercise w/ Elise  
11:00 Mass (Chapel)  
3:00 Welcome Home Ritual  
(Chapel)  
4:00 Happy Hour  
(Gleason Center) | 9:45 Lenten Reflection  
“Oh the Places You’ll Go” (Chapel)  
11:00 Mass (Chapel)  
1:00 Quiet Harp Music w/ Sr. Carol (Chapel)  
1:30 Exercise Group | 10:00 Chair Tai Chi (WR)  
11:00 Mass (Chapel)  
2:00 Scenic Walks Around The World  
6:00 Bingo (1st Floor AR) | 9:00 Shopping Trip to Walmart  
(sign up in AR)  
10:15 Exercise to Music  
11:00 Mass (Chapel)  
2:00 TED Talks  
6:00 Movie & Popcorn | 10:15 Exercise Group  
11:00 Mass (Chapel)  
1:30 Movie & Popcorn |
| 17:00 Shopping Trip to Dollar Tree  
(sign up in AR)  
10:15 Exercise Group  
11:00 Mass (Chapel)  
1:30 Line Dancing w/ Sheila  
6:00 Nail Care | **FEAST OF ST. JOSEPH**  
9:15 Reconciliation (Chapel)  
10:45 Mass (Chapel)  
1:00 Resident Meeting (GC)  
2:00 Music with Linda Ford  
(1st Floor DR) | 9:45 Lenten Reflection  
“Oh the Places You’ll Go” (Chapel)  
11:00 Mass (Chapel)  
2:00 Birthday Bingo  
(1st Floor AR) | 10:00 Chair Tai Chi (WR)  
11:00 Mass (Chapel)  
2:00 Scenic Walks Around The World  
6:00 Bingo (1st Floor AR) | 10:15 Exercise to Music  
11:00 Mass (Chapel)  
2:00 Musician Biography  
6:00 Movie & Popcorn | 10:15 Exercise Group  
11:00 Mass (Chapel)  
1:30 Movie & Popcorn |
| 24:00 Bookmobile (Cass Ave)  
10:15 Exercise Group  
11:00 Mass (Chapel)  
1:30 Exercise Group  
6:00 Nail Care | | 9:15 Reconciliation (Chapel)  
9:45 CSJ Meeting  
(Gleason Center)  
11:00 Mass (Chapel)  
1:30 Exercise Group | 9:45 Lenten Reflection  
“Oh the Places You’ll Go” (Chapel)  
11:00 Mass (Chapel)  
1:00 Quiet Harp Music w/ Sr. Carol (Chapel)  
1:30 Exercise Group | 10:00 Chair Tai Chi (WR)  
11:00 Mass (Chapel)  
2:00 Scenic Walks Around The World  
6:00 Bingo (1st Floor AR) | 10:15 Exercise to Music  
11:00 Mass (Chapel)  
2:00 Music with Dan Hoerle  
(Chapel)  
6:00 Movie & Popcorn | 10:15 Exercise Group  
11:00 Mass (Chapel)  
1:30 Movie & Popcorn |
| 31:00 Mass (Chapel) | | | | | | |

All activities are in the 2nd Floor Activity Room unless otherwise noted. GC = Gleason Center on 3rd floor of Carondelet Manor, WR = Wellness Room on 2nd floor of Carondelet Manor  
** Friends & family are welcome to attend all activities. Activities are subject to change.