


# Carondelet Manor

# March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Nazareth Living Center</b> <b>2 Nazareth Lane</b> <b>St. Louis, MO 63129</b>					<sup>1</sup> 9:30 <b>Reconciliation</b> (Chapel) 9:30 Exercise to Music (WR) 11:00 <b>Funeral Mass</b> (Chapel) 6:00 Movie & Popcorn (GC)	<sup>2</sup> 10:15 Exercise Group (WR) 11:00 <b>Mass</b> (Chapel) 2:00 <b>Good News Quartet</b> (Chapel)
<sup>3</sup> 10:30 <b>Mass</b> (Chapel)	<sup>4</sup> 11:00 <b>Mass</b> (Chapel)	<sup>5</sup> 11:00 <b>Mass</b> (Chapel)	<sup>6</sup> <b>ASH WEDNESDAY</b> 10:30 <b>Mass</b> (Chapel)	<sup>7</sup> 11:00 <b>Mass</b> (Chapel)	<sup>8</sup> 11:00 <b>Mass</b> (Chapel) 6:00 Movie & Popcorn (GC)	<sup>9</sup> 10:15 Exercise Group (WR) 11:00 <b>Mass</b> (Chapel) 1:30 Movie & Popcorn (GC)
<sup>10</sup> 10:30 <b>Mass</b> (Chapel)	<sup>11</sup> 10:00 Bookmobile (Cass Ave) 10:15 Exercise w/ Elise (WR) 11:00 <b>Mass</b> (Chapel) 6:00 Nail Care	<sup>12</sup> 9:15 <b>Reconciliation</b> (Chapel) 11:00 <b>Mass</b> (Chapel) 3:00 Welcome Home Ritual (Chapel) 4:00 Happy Hour (GC)	<sup>13</sup> 9:45 <b>Lenten Reflection</b> "Oh the Places You'll Go" (Chapel) 11:00 <b>Mass</b> (Chapel) 1:00 Quiet Harp Music w/ Sr. Carol (Chapel) 1:30 Exercise Group (WR)	<sup>14</sup> 10:00 Chair Tai Chi (WR) 11:00 <b>Mass</b> (Chapel)	<sup>15</sup> 9:00 <b>Shopping Trip to</b> <b>WalMart</b> (sign up at receptionist) 9:30 Exercise to Music (WR) 11:00 <b>Mass</b> (Chapel) 6:00 Movie & Popcorn (GC)	<sup>16</sup> 10:15 Exercise Group (WR) 11:00 <b>Mass</b> (Chapel) 1:30 Movie & Popcorn (GC)
<sup>17</sup> <b>ST. PATRICK'S DAY</b> 10:30 <b>Mass</b> (Chapel) 	<sup>18</sup> 9:00 <b>Shopping Trip to</b> <b>Dollar Tree</b> (sign up at receptionist) 10:15 Exercise w/ Elise (WR) 11:00 <b>Mass</b> (Chapel) 3:00 Line Dancing w/ Sheila (WR) 6:00 Nail Care	<sup>19</sup> <b>FEAST OF ST. JOSEPH</b> 9:15 <b>Reconciliation</b> (Chapel) 10:45 <b>Mass</b> (Chapel) 1:00 Resident Meeting (GC) 1:30 Exercise Group (WR)	<sup>20</sup> 9:45 <b>Lenten Reflection</b> "Oh the Places You'll Go" (Chapel) 11:00 <b>Mass</b> (Chapel) 2:00 Birthday Bingo (GC)	<sup>21</sup> 10:00 Chair Tai Chi (WR) 11:00 <b>Mass</b> (Chapel) 1:30 Activities/Spiritual Care Resident Meeting (GC)	<sup>22</sup> 9:30 Exercise to Music (WR) 11:00 <b>Mass</b> (Chapel) 2:00 TED Talks with Andrea (GC) 6:00 Movie & Popcorn (GC)	<sup>23</sup> 10:15 Exercise Group (WR) 11:00 <b>Mass</b> (Chapel) 1:30 Movie & Popcorn (GC)
<sup>24</sup> 10:30 <b>Mass</b> (Chapel)	<sup>25</sup> 10:00 Bookmobile (Cass Ave) 10:15 Exercise w/ Elise (WR) 11:00 <b>Mass</b> (Chapel) 1:00 <b>Outing to The Arch</b> (sign up at receptionist) 3:00 Line Dancing w/ Sheila (WR) 6:00 Nail Care	<sup>26</sup> 9:15 <b>Reconciliation</b> (Chapel) 9:45 CSJ Meeting (GC) 11:00 <b>Mass</b> (Chapel) 1:30 Exercise Group (WR)	<sup>27</sup> 9:45 <b>Lenten Reflection</b> "Oh the Places You'll Go" (Chapel) 11:00 <b>Mass</b> (Chapel) 1:00 Quiet Harp Music w/ Sr. Carol (Chapel) 2:00 Musician Biography (GC)	<sup>28</sup> 10:00 Chair Tai Chi (WR) 11:00 <b>Mass</b> (Chapel) 2:00 Making Blankets for Children's Hospital (CR)	<sup>29</sup> 9:30 Exercise to Music (WR) 11:00 <b>Mass</b> (Chapel) 2:00 <b>Music with Dan Hoerle</b> (Chapel) 6:00 Movie & Popcorn (GC)	<sup>30</sup> 10:15 Exercise Group (WR) 11:00 <b>Mass</b> (Chapel) 1:30 Movie & Popcorn (GC)
<sup>31</sup> 10:30 <b>Mass</b> (Chapel)	<sup>31</sup> 1:00 <b>Outing to The Arch</b> (sign up at receptionist) 3:00 Line Dancing w/ Sheila (WR) 6:00 Nail Care					

CR = Craft Room, GC = Gleason Center, WR = Wellness Room \*\* Friends & family are welcome to attend all activities. Activities are subject to change.