



At home

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A Look Inside Nazareth Living Center

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Mission Statement

In the tradition of the Sisters of St. Joseph of Carondelet, Nazareth Living Center participates in the healing mission of Jesus by ministering with compassion and responding creatively to the needs of aging persons.



left to right: Resident Sr. Mary Bede Baeten, Sr. Kathleen Karbowski, Mr. and Mrs. Hafertepe, and resident Sr. Pat Gillespie celebrate at the staff/resident ice cream social.

Older Americans Month Celebrated in May

May was a month of celebration for residents and staff who recognized Older Americans Month through many activities.

Older Americans Month is nationally recognized as a time to honor residents of long-term care and senior housing communities as well as those who care for them. Although the theme for this year's celebration, "Touching Lives – A Celebration of Age," reflects the compassion demonstrated by people who care for older adults, it also describes the intrinsic rewards of caregiving. Caregivers, when asked, will tell you how deeply touched they are daily by the people who live at Nazareth Living Center.

Nazareth celebrated Older Americans Month by honoring the wisdom, joy and love older adults have to share with other generations. NLC opened our doors to the community so that everyone could share the enjoyment of their friends and neighbors who live at Nazareth Living Center.

Activities involving residents, families, staff and the community included a petting zoo, a story telling festival, hot dog roasts, a wine and cheese social, Suson Park picnics, a talent show and a resident/staff ice cream social featuring Ted Drewes frozen custard served by Ted himself. Special thanks goes to the Hafertepe family who made the ice cream social possible through a memorial gift in honor of former resident Sister Joseph Andre Hafertepe, CSJ.

Staff members were recognized through "Hands of Appreciation," a display of thank you notes authored by residents and families and written on paper hands. Thanks to all the residents and families who participated.



Nazareth Living Center's version of "Sister Act" at the staff/resident talent show.



From the Executive Director

Creating a culture where our residents' wishes drive any decision we make continues to be critically important to us. In an ongoing effort to improve our person-centered culture here at Nazareth, we held enrichment clusters at Gleason Hall during March. Feedback from these cluster groups provided us with suggestions about how to improve. A small group of staff and residents will soon meet to prioritize the suggestions and determine what action we can take.

During June we conducted enrichment clusters in McGovern Commons. Groups were held for responsible parties as well as the residents themselves. Activities that would enhance their growth and development, ways of bringing more joy and laughter into their lives and ways of better accommodating their daily preferences were the focus of the feedback we requested.

My hope is that our staff continues to embody the principles of person-centered care. If you have ever visited Nazareth, you know that our greatest asset is our wonderful staff. I am very proud of the effort they put forth on a daily basis that demonstrates their personal caring for our residents.

*Gratefully,
Lu Westhoff*

NLC Welcomes New Trustees to Board

New members are a welcome addition to an already distinguished and talented Board. Bill Collier and Carl Hendrickson are the newest additions to NLC's Board of Trustees.

Collier, a native of South St. Louis County, is president of BC Group International, Inc., an electronics manufacturing, distribution and service company providing test and measurement equipment to the medical industry. He is also co-owner of Arch Engraving Company, a Kirkwood manufacturer of recognition products. Collier is very active in the community and is a member of Toastmasters International among other business and community groups.

Hendrickson, an attorney, is a former Missouri state representative (District 97) and currently works as a journalist for Call Publishing, Inc. He is a member of the Missouri Bar Association, Toastmasters International, and the South County Chamber of Commerce.

Employees Honored for Years of Service

The annual Employee Recognition Ceremony honoring employees with significant service was held in April at the NLC Chapel. Tom Knese, Director of Plant Services, who has worked for Nazareth for over 40 years, served as Master of Ceremonies.



Employee Sr. Kum Soon Eum (right) celebrates her Nazareth Living Center service anniversary with friends at the Employee Recognition event.

Addressing honorees and guests were: Sr. Sandra Straub, CSJ, representing the Srs. Of St. Joseph of Carondelet Sponsorship team; Sr. Michaela Zahner, President of NLC's Board of Trustees; and Lu Westhoff, NLC's Executive Director. Honorees were presented with recognition pins from Lu Westhoff and Sr. Michaela Zahner. A reception followed in the Sister Mary Timlin Room.

2004 Honorees:

20 years

Peggy Willard

10 years

Barb Stemick

Suzette Mijares

Sr. Kum Soon Eum

Jeanne Smith

Paula Huber

Mary Kramer

Della Walz

Teresa Simmonds

Carol Witt

Jody Schreder

5 years

Linda Quick

Billie Phinney

Catherine Massie

Diane Seidel

Tara Baietto

Debbie Larson

Roseann Miroff

Azieb Belay

Stanka Pupic

Gerry Sell

Gloria Beamon-Young

Suzana Kerosovic

Jim Gareiss

Regina Barron

Christine Pruellage

Laura Huelsing

Mary Barrett

Sally Bupp

Les Prewett

Kathy Hansen

Suvada Ramusevic

Volunteer Contributions Recognized at Luncheon

Volunteers at NLC were celebrated with a June Volunteer Appreciation Luncheon held in the Sister Mary Timlin Room. Approximately 135 volunteers dined on picnic-style fare served by the NLC Management Team. The patriotic theme of the luncheon, "Volunteers Are the Heart of a Great Nation," was recognized with colorful decor and table centerpieces designed by volunteer Melvajeane Pfohl.

Sr. Mary Kay Liston, CSJ, addressed the gathering, expressing that volunteers are truly giving in their choice to serve without the benefits of financial compensation. "Volunteers desire to serve from their hearts, making them the heart of the Nazareth community," said Sr. Mary Kay.

The event was fun and festive in the spirit of the volunteers' overall approach to serving NLC. Chief Financial Officer Mike Seymour offered that it is always a pleasure to serve these valued people at this special occasion, since it is they who serve Nazareth 365 days a year. "Nazareth looks forward to the benefits their giving nature provides in the coming year," he said.

Every effort was made to include all NLC volunteers, however, some volunteers files may be incomplete. Please contact Paula Minogue, Volunteer Coordinator at Nazareth Living Center, to verify or update your volunteer record to ensure inclusion in future events.

Spring Craft Fair Raises Funds to Support Nazareth Mission

The Annual Spring Craft Fair was held at Nazareth on Saturday, May 8, contributing almost \$7,000 to Nazareth's operating fund.

The Craft Fair, one of two held annually at Nazareth, is supported by volunteers who make craft items throughout the year and help staff the event. Proceeds from the craft fair and bake sale are used to support Nazareth's continuing mission to creatively serve the needs of the aged with compassion in the tradition of the Sisters of St. Joseph of Carondelet.



Sr. Mary Rita Essert (right) negotiates with a Nazareth Living Center volunteer at the NLC Craft Fair.

Residents, staff, volunteers and community supporters enjoyed eating, socializing and purchasing hand-made craft items.

Special thanks to the Sisters of St. Joseph of Carondelet, volunteers, staff and residents who contributed baked goods, craft items, and worked at the Fair. Your efforts are appreciated!

Mark your calendars now for the Fall Craft Fair scheduled for November 12 and 13.

Nursing Assistants Honored

Nursing assistants who have completed the classroom requirements for the certified nursing assistant course were honored at a ceremony in May.

The 14 student honorees completed the classroom training portion of the course that includes 75 hours of training by a registered nurse who is certified to teach the training course in the State of Missouri. The students are required to complete 100 hours of clinical training in addition to the classroom training. This training must be supervised by R. N. or L. P. N. clinical supervisors.

After completing their classroom and clinical training, the students must pass an examination performed by a State of Missouri R. N. Certified Examiner in order to become Certified Nursing Assistants. This examination includes a written exam, as well as demonstrated caregiving competencies. The competencies are performed with and for residents who live at Nazareth who give permission to take part in the examination process. The examination for certification takes place this summer.

Honorees included:

*Senija Arslanovic
Ralonda Christian
Ermina Covic
Beatrice Hall
Son Hoang
Seida Hodzic
Ayeshia Lathan
Joanne Lucas
Erika Moses
Candious Minor
Irfeta Muharemovic
Pauline Smick
Joy Tiyasirichokchai*

Board of Trustees

Sr. Michaela Zahner, CSJ
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Carl Hendrickson

Richard F. Jordan

Sr. Fran Maher, CSJ

Sr. Jean Meier, CSJ

George Pelt

John Ringwald

Frank Ziegler

**In Memory of ...
March-June 2004**

Sr. Marie Cecile Bennett

Sr. Mary Helen Best

Sr. Kathryn Mary Brady

Virginia Bland

Margaret Helmsing

Nora Kirrane

Adeline Kramer

Sr. Virginia Markham

Elsie Novak

Lorraine Skillman

Joan Smith

Memorials and Tributes

Thanks to the following donors who made gifts to Nazareth in memory of their loved ones. If you'd like to make a similar gift to Nazareth, please use the enclosed envelope or contact Suzanne Brach, Director of Development, 649-4662.

Adeline "Toots" Kramer

Bill & Mary Baer

Rick & Pat Dean

John M. Robinson, III

Frank & Beverly Spinner

Tim & Mary Kellett

Linda Praprotnik

Frank and Susan Ziegler

Mr. & Mrs. Tom Mataya

Doris Rensing

Ross & Anita Clenin

Debbie Borst

Dennis & Edith Devine

Leighton & Joan Wassilak

Jack & Betsy Biggs

Phyllis Farris

Kelly & Boyd Bermel

S. Kathryn Mary Brady

Jack & Mary Nolte

Helen Garcia

Lorraine Skillman

Lorraine's Family

Jeffrey Hayden

Patty Browne

Carl Hansen

Patty Browne

Joseph Ketzner

Al, Joan & Jenn Ketzner

Faye Anderson's Dad

Al, Joan & Jenn Ketzner

Virginia Bland

Mickey & Ed Synos

Vera Maas

**In Honor of 70 Years as a
Sister of St. Joseph:**

Sr. Regina Hughes

**In Honor of Kathryn
Palumbo**

Mary Jane Reinhardt

**Healing for Charles
Chotrow**

Paulette Gladis, CSJ

NLC has made every effort to ensure the memorials and tributes are properly recognized and correctly spelled. We apologize for errors. Please call (314) 649-4688 with corrections and we will update our records.